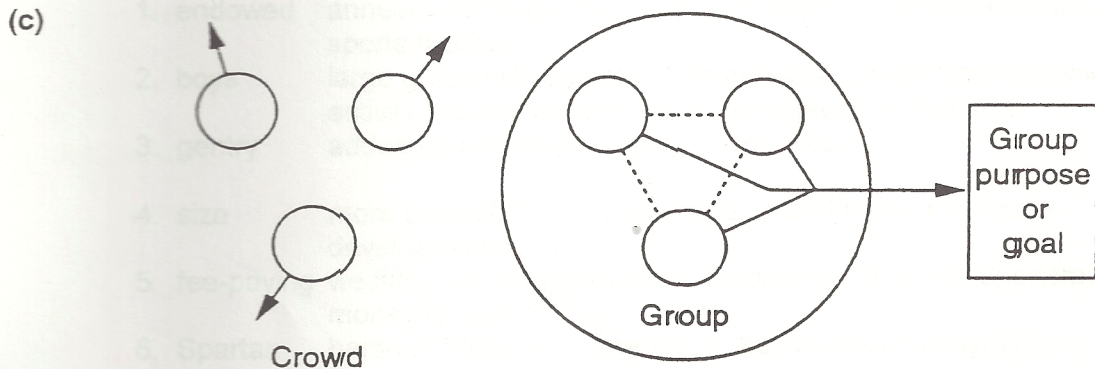


## SECTION B

### PSYCHOLOGY OF SPORTS PERFORMANCE

#### Question Four.

- (a) The attitude of a performer in sport needs to be positive for success. Identify the probable influences on the formation of a positive attitude. (3)
- (b) Applying theoretical principles to practical examples to showing how you would change a negative attitude into a positive one. (5)



In the diagram above representing team process, the broken lines represent interaction between players. The large circle represents a collective identity. What factors affect interaction in a team situation? (4)

- (d) (i) Define what is meant by *evaluation apprehension*. By using examples from sport, show how it is caused. (3)
- (ii) The main effect of an audience in a performer in sport is that the performer's arousal level is raised. This can have both positive and negative effects. Using psychological theories, explain the relationship in a situation where an audience is present. (6)

Total of 21 marks